



Heal the Bay

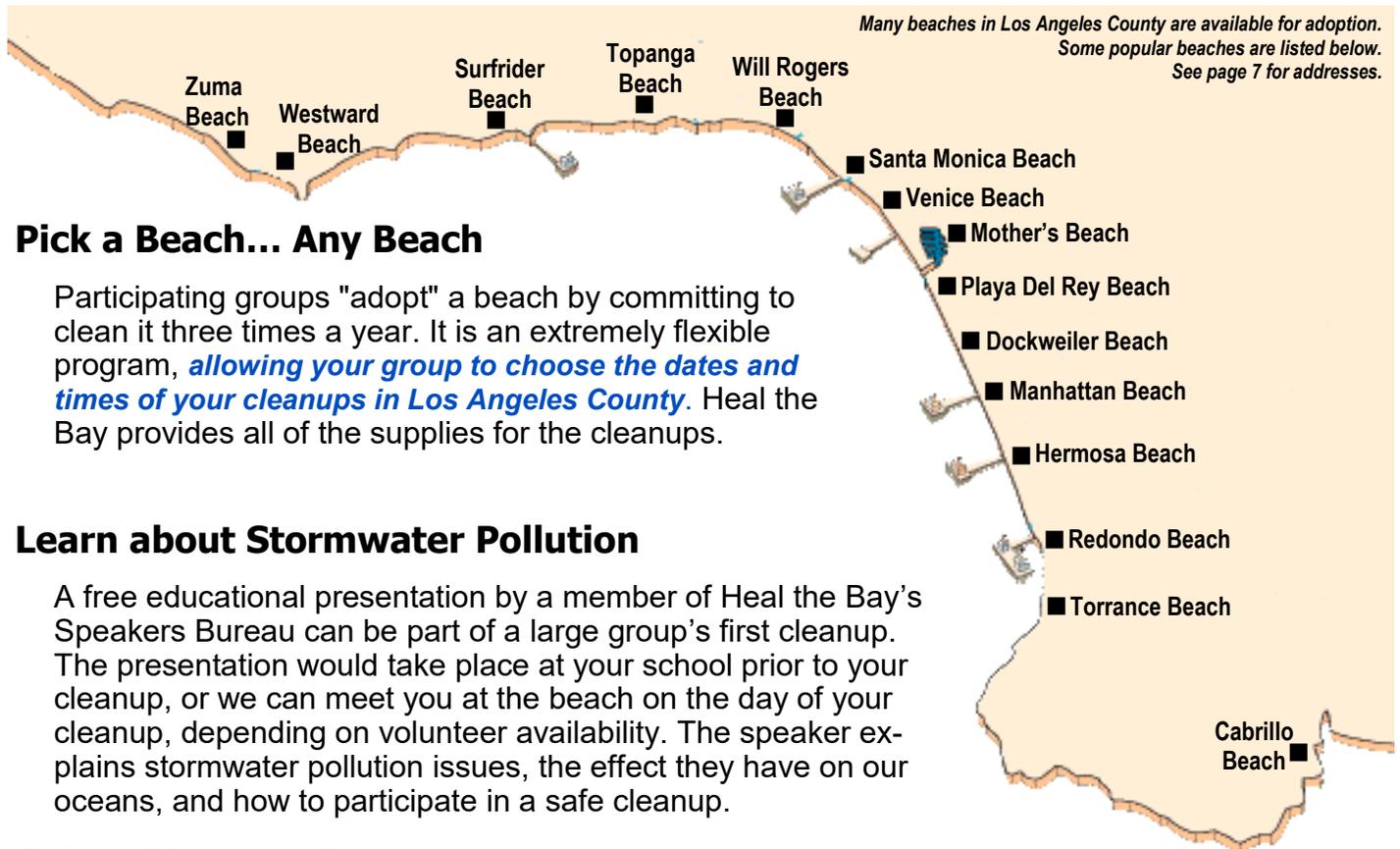
# Adopt-A-Beach



## Your school, community group, or business can be a part of the solution to ocean pollution!

California's Adopt-A-Beach Program gives people of all ages the opportunity to learn about and participate in the conservation of our coastal resources. By cleaning the beach, participants will learn how trash on our streets impacts our oceans.

Hundreds of schools, community groups, and businesses have taken advantage of this program to be a part of the solution to ocean pollution.



### Pick a Beach... Any Beach

Participating groups "adopt" a beach by committing to clean it three times a year. It is an extremely flexible program, *allowing your group to choose the dates and times of your cleanups in Los Angeles County*. Heal the Bay provides all of the supplies for the cleanups.

### Learn about Stormwater Pollution

A free educational presentation by a member of Heal the Bay's Speakers Bureau can be part of a large group's first cleanup. The presentation would take place at your school prior to your cleanup, or we can meet you at the beach on the day of your cleanup, depending on volunteer availability. The speaker explains stormwater pollution issues, the effect they have on our oceans, and how to participate in a safe cleanup.

### Collect Valuable Data

Participants collect data on the types of trash they find. This data is used for educational, scientific, and legislative purposes to make Southern California coastal waters safe and healthy for people and marine life. *After the cleanup we ask that send your data cards to 1444 9th Street, Santa Monica, CA 90401*. See the following instruction sheet (page 5) for more details.

### Be a part of the solution. Adopt a beach today!

*The Adopt-A-Beach program is an educational project of the California Coastal Commission. In Los Angeles County, the program is coordinated by Heal the Bay and the Los Angeles Department of Beaches and Harbors.*



# Want to Adopt-A-Beach? Follow these simple steps...

- 1 **Fill out the Adopt-A-Beach application and agreement ONLINE** by visiting [healthebay.org/take-part](http://healthebay.org/take-part) and click “Apply” under Groups and Schools: Adopt-a-Beach

Once you decide on the dates, times, and the beach you would like to adopt, please fill out the Adopt-A-Beach Application and Agreement, **completely**. **The date of your 1st cleanup must be 3 weeks from current date to allow time to schedule a speaker, coordinate supplies, and apply for beach permits.** Supplies include gloves (1/ person), return envelope for waivers and cleanup materials for groups of 5 (bags, data cards, and pencils).

### For your first cleanup:

Heal the Bay **may** be able to schedule a speaker to come to your school or organization prior to your cleanup **OR** to meet you at the beach on the day of your cleanup to talk about storm water and urban runoff issues and effects they have on our oceans, solutions for the community, and how to participate in a safe cleanup. Use page 4 to find the beaches where speakers can give beach talks, we only offer a few sites in L.A. County.

After requesting the speaker/beach talk please expect an email introduction from the Speakers Bureau Manager prior to your scheduled date request. Due to our request rate, we cannot match a volunteer to every group. Therefore, *if we have not confirmed your speaker a week before your cleanup, then a speaker is not guaranteed.* We also request that your group have a minimum of 20 people in order to attempt to schedule a speaker.

### For your second and third cleanups:

After your first cleanup, you are prepared to run your additional cleanups on your own without the help of a speaker. We will continue to supply you with all the materials you will need to conduct the cleanups. **Please email the Beach Programs Manager 2 weeks before each of your scheduled cleanup dates to arrange for your**

## 2 Confirmation of cleanup details

If and when we receive your application, we may call or email to confirm cleanup details. Note that the speaker request does require a second confirmation. Please do not expect a cleanup or speaker request to be met if you have not received proper confirmation of it via email or phone.

## 3 Print and sign the waiver (last page of this application)

**ALL members of your group must sign the waiver before your cleanup.**

### **Waiver and liability information - Necessary for ALL THREE cleanups!**

A liability waiver must be signed by every individual in order to participate in a beach cleanup. A liability waiver can be signed at the cleanup the day of the event if the participant is 18 or over.

### **IMPORTANT! Parents must sign a waiver for children UNDER the age of 18.**

To participate in a beach cleanup, minors must have a liability waiver signed by their LEGAL parent or guardian. If a parent or guardian will not be attending the event, the waiver must be signed in advance and must be presented at the cleanup in order to participate. Children without properly signed waivers are prohibited from participating in a cleanup. Teachers or other adult supervisors are not the appropriate legal signers for this purpose. A waiver can be obtained prior to your cleanup on our website at [www.healthebay.org/waivers](http://www.healthebay.org/waivers).

## 4 Mail or entered data cards and signed waivers to:

Attn: Beach Programs  
Heal the Bay  
1444 9th Street  
Santa Monica, CA 90401

*\*Please include a note in your packet that includes your group's name, date of cleanup, and cleanup location*



Take the California Coastal Commission's Coastal Stewardship Pledge and commit to being coastal stewards. Click the Coastal Commission's logo to the left to sign up to be your communities local coastal water steward!

# Frequently Asked Questions about the Adopt-A-Beach program (AAB)...

## Do I need to have a speaker?

For your first cleanup, if it falls in the range we offer speakers, then you may request a volunteer to give a beach talk for your group. However, they are not guaranteed and [you do not need a speaker for your cleanup](#). We offer instructions and a video to explain how cleanups are conducted in our email overviews of the program.

## Can I change my cleanup date or time?

Yes, but please let us know ASAP. We need enough notice time to request a permit change through our partners at Beaches and Harbors and the lifeguard teams. Please note, we ask for a minimum [3 week notice](#) from your new date/time in order to accommodate your group with a cleanup permit and supplies.

## Do I need to let Heal the Bay know if I'm doing a cleanup?

If you want your cleanup to be recognized as an official Heal the Bay cleanup, YES. Heal the Bay will provide you with supplies, if and when you submit an application, agree to send in waivers and data cards, and we have enough time to file for a permit (per the requirements of our "volunteer event" insurance) to the Department of Beaches and Harbors. This whole process takes 3 weeks depending on your cleanup details (i.e.. the date, beach location, and the number of volunteers).

### Other Questions or concerns?

If you have other question or concerns not addressed in this packet please contact the Beach Programs Manager, Emely Garcia at (310) 451-1500 x148 or [egarcia@healthebay.org](mailto:egarcia@healthebay.org).

### Curriculum for Teachers

Upon request, Heal the Bay can mail you the request form for the California Coastal Commission's "Waves, Wetlands, and Watersheds" curriculum to use as a complement to the cleanup. This K-12 curriculum is designed to encourage students to think about the complexity of ocean-based environmental problems such as marine debris and water contamination. Each lesson includes recommended grade levels, background information for instructors, and hands-on activities. For more teacher resources, scroll to the bottom of <https://healthebay.org/education/>.



## Beach locations to choose from:

(Also see map on page 1)

Below is our most updated list of LA County beaches. Please choose from this list of locations:

(Beaches list in **blue** are our top 5 most common and convenient locations for a beach cleanup.)

⇒ Beaches with this symbol are beaches for which we offer speakers giving beach talks

- **Zuma Beach:** 30000 Block of Pacific Coast Highway in Malibu
- **Westward Beach:** West of PCH in Malibu at 7100 Block of Westward Beach Road
- **Malibu Lagoon:** 23400 Block of Pacific Coast Hwy in Malibu
- **Malibu Surfrider Beach:** 23100 Block of Pacific Coast Hwy in Malibu
- **Topanga State Beach:** PCH and Topanga Canyon Blvd in Malibu
- ⇒ **Will Rogers State Beach:** *PCH and Temescal Canyon Rd in Pacific Palisades*
- ⇒ **Santa Monica Beach:** *North or south of the Pier at 1600 Ocean Front Walk*
- ⇒ **Venice Beach:** *At end of Washington Blvd, Rose Ave or Venice Blvd in Venice*
- ⇒ **Dockweiler State Beach:** *11999 Vista Del Mar at end Imperial HWY*
- ⇒ **Playa del Rey-Toes Beach:** *Pacific Avenue and 62<sup>nd</sup> Street in Playa del Rey*
- ⇒ **El Porto Beach:** 45<sup>th</sup> Street in Manhattan Beach
- ⇒ **Manhattan State Beach:** W Rosecrans Ave in Manhattan Beach
- ⇒ **Hermosa Beach:** W Pier Ave in Hermosa Beach
- ⇒ **Redondo State Beach:** 100 W Torrance Blvd in Redondo Beach
- ⇒ **Torrance County Beach:** Along Paseo de la Playa just south of Redondo Beach
- **White Point - Royal Palms State Beach:** Upper/Lower self along Paseo Del Mar San Pedro
- **Cabrillo Beach:** End of Stephen M. White Drive off Pacific Avenue in San Pedro

For any **Long Beach beaches**, please contact the El Dorado Nature Center to sign up for the Adopt-A-Beach program in that area.

For any **Orange County beaches**, including Seal Beach, contact the California Coastal Commission for more info about the Adopt-A-Beach program in that area.

**ADOPT-A-BEACH WAIVER OF LIABILITY AND EXPRESS ASSUMPTION OF RISK  
(PLEASE READ CAREFULLY)**

I, \_\_\_\_\_, HEREBY CERTIFY THAT I AM AWARE OF THE INHERENT HAZARDS OF A BEACH CLEANUP.

I agree as follows: 1. I am volunteering my services for the Adopt-A-Beach program (“the Event”) on a voluntary basis without anticipation of payment of any kind; 2. I will perform assigned tasks that are within my physical capability to the best of my ability, and I will not undertake tasks that are beyond my ability; 3. I am familiar with the safe operation and use of equipment and tools that I may utilize in connection with this volunteer activity, and I will not undertake to use any equipment or tools with which I am unfamiliar or do not know how to operate safely; 4. I acknowledge that I have received and read appropriate instruction regarding this Event, including appropriate safety and emergency procedures, and that I fully understand those instructions and that I agree, after proper inspection, to use only the supplies, tools and equipment provided by the Event organizers; 5. I will perform only those tasks assigned, observe all safety rules, and use care in the performance of my assignments; 6. I specifically acknowledge that I am engaging in this activity as a volunteer, at my own request and risk, and not as a State of California or Foundation employee, agent, official, officer or representative, and further acknowledge that I am not entitled to any compensation, benefit or insurance coverage from the State of California, the Department of Parks and Recreation, the California Coastal Commission, the California State Parks Foundation, Los Angeles County Department of Beaches and Harbors, Heal the Bay or any Event promoter or sponsor, nor will I make any such claim.

I understand and agree that neither the State of California, California Coastal Commission, California Department of Parks and Recreation, California State Parks Foundation, Los Angeles County Department of Beaches and Harbors, Heal the Bay, nor any other organizers or promoters or sponsors or property owners involved in this event, nor any of their respective employees, officers, agents or assigns, (hereinafter collectively referred to as “Released Parties”), may be held liable or responsible in any way for any injury, death or other damages to me or my family, heirs, or assigns that may occur as a result of my participation in this activity, or as a result of product liability or the negligence of any party, including Released Parties, whether passive or active.

I understand that cleaning up beaches, rivers and waterfront areas involves certain inherent risks, including but not limited to, the risks of possible injury, infection or loss of life as a result of contact with needles, condoms, metal objects, burning embers or other hazardous materials found on the beach, or from over-exertion or environmental conditions. Despite these risks, I still choose to proceed in such activity. I know of no physical limitation which should keep me from undertaking the activities associated with this Event. In consideration for being allowed to participate in this activity, I hereby personally assume all risks in connection with the Event for any harm, injury or damage that may befall me as a participant, including all risks connected therewith, whether foreseen or unforeseen. I further save and hold harmless said activity and Released Parties from any claim or lawsuit for personal injury, property damage, or wrongful death, by me, my family, estate, heirs, or assigns, arising out of participation in this activity, including both claims arising during the activity and after I complete the activity.

If I should become injured while participating in the Event, I authorize any physician or surgeon licensed in the State of California to perform emergency or surgical treatment as in his or her sole judgment may be necessary. I further declare that I am eighteen and legally competent to sign this liability release, or that I have acquired the written consent of my parent or guardian. I understand that the terms herein are contractual and not a mere recital, that this instrument is a legally binding, and that I have signed this document of my own free act.

I agree to allow my image to be used in published materials and web sites that promote the programs of Heal the Bay.

BY THIS INSTRUMENT I DO HEREBY EXEMPT AND RELEASE ALL “RELEASED PARTIES,” AS DEFINED ABOVE, FROM ALL LIABILITY OR RESPONSIBILITY WHATSOEVER FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH, HOWEVER CAUSED, INCLUDING NEGLIGENCE OF THE RELEASED PARTIES, WHETHER PASSIVE OR ACTIVE.

**I HAVE FULLY INFORMED MYSELF OF THE CONTENTS OF THIS LIABILITY RELEASE AND ASSUMPTION OF RISK BY READING IT BEFORE I SIGNED IT ON BEHALF OF MYSELF AND MY HEIRS.**

_____	_____	_____	_____
Spelling of Participant’s Name	Date	Street Address	Phone
_____	_____	_____	_____
Signature of Participant		City, State, Zip	@ E-mail Address

**IF PARTICIPANT IS UNDER 18, THE PARENT(S) (OR GUARDIAN(S), IF ANY) MUST SIGN.**

**The above participant has my permission to participate in the Adopt-A-Beach program. I have read and agree to the provisions stated above. I know of no health limitations which may restrict this volunteer’s participation in this activity.**

_____	_____	_____	_____
Signature of Parent(s) or Legal Guardian(s)	Date		Phone