

Do Not Eat



White Croaker



Barred Sand Bass



Black Croaker



Topsmelt



Barracuda



Some fish can be eaten with restrictions (see reverse).



Some fish caught in this area are contaminated with harmful chemicals and should not be eaten (see list on left).



For health advice on fish caught outside the red area,
visit: pvsfish.org/health/other-areas

PROTECT THE HEALTH OF **YOU** AND YOUR **CHILDREN**

*Join with other fishermen and follow
the advice in this tip card*



www.pvsfish.org



**ONLY EAT THE
SKINLESS FILLET**



ONLY EAT ONE SERVING PER WEEK

FOR ADULTS



FOR CHILDREN



The recommended serving of fish is about
the size of your hand.

Give children smaller servings.

Use this ruler to measure your fish



ONLY EAT THE SKINLESS FILLET 1 TIME A WEEK

HERE ARE EXAMPLES OF SAFE FISH YOU CAN EAT



QUEENFISH



HALIBUT

Minimum Size 22 Inches



KELP BASS

Minimum Size 14 Inches



SCORPIONFISH

Minimum Size 10 Inches



PACIFIC SARDINE



SURFPERCH



PACIFIC MACKEREL



OPALEYE



ROCKFISH



CORBINA



SHOVELNOSE GUITARFISH

No minimum size limit for fish unless otherwise indicated

1

2

3

4

5

6

7

8

9

10

11

12



Additional bag or size limits
or other restrictions apply
to these species.

Please see California
Department of Fish and Wildlife
Sport-Fishing Regulations for
more information.