Helpful Information About Red Tide

**WHAT IS IT?**

Red tide is a naturally occurring phenomenon of a higher-than-normal concentration of microscopic alga called Karenia brevis, which can discolor the water.

It typically forms offshore and is moved onshore by ocean currents and winds. It is found in marine and brackish water - NOT FRESHWATER.

In high levels of concentration, it can cause eye, nose, throat and other respiratory issues, and harmful to fish and other marine life. Breaking waves can cause red tide-related toxins to become mixed with airborne sea spray.

We do know from history that the red tide will subside eventually and affected beaches will be back to normal.

**USE CAUTION!**

**WHAT HAPPENS IF I’M EXPOSED TO IT?**

RED TIDE CAN CAUSE RESPIRATORY IRRITATION that can cause more serious issues for people with asthma and other respiratory ailments.

Most people are not affected by swimming in red tide, but skin irritation may occur. **MAKE SURE TO WASH YOURSELF CAREFULLY WITH FRESHWATER.**

PROTECT YOUR PETS. Do not allow them to play with dead fish or foam on the beach. Rinse them off with freshwater if they’ve gotten wet.

VISIT A DOCTOR IMMEDIATELY IF YOU DEVELOP ANY SERIOUS SYMPTOMS AFTER BEING EXPOSED TO RED TIDE.

For helpful information from Florida’s Department of Health, visit http://www.floridahealth.gov/environmental-health/aquatic-toxins/red-tide.html

**WHAT ELSE CAN I DO BESIDES THE BEACH?**

Be cautious on the beach, and don’t forget you can visit our other wonderful Indian River County ATTRACTIONS, such as:

- Catch a show at Riverside Theatre
- See the latest exhibits at Vero Beach Museum of Art
- Take an Airboat Tour
- Dine at one of our 160 locally owned restaurants
- Visit McLarty & Mel Fisher Treasure Museums
- Explore over 100,000 acres of conservation land perfect for hiking, biking and birding

Check out VisitIndianRiverCounty.com to see an extensive list of attractions and events.

Thank you for visiting Indian River County!